

**Vermont Board of Allied Mental Health Practitioners**  
**Licensed Clinical Mental Health Counselor**

*Updated 8/8/2020*

**Disclosure for:**

**Christine L. Wilkens LCMHC, NCC, CYT**

(see attached)

My signature acknowledges that I have been given a disclosure packet listing the professional qualifications, experience and supervision of my therapist. I have been informed that their practice is governed by the Rules of the Board of Allied Mental Health Practitioners. A copy of these rules or how to lodge a complaint may be obtained from the Board or online at: <http://vtprofessionals.org/>. A listing of actions that constitutes unprofessional conduct according to Vermont statutes, and for making a consumer inquiry or filing a complaint with the Office of Professional Regulation.

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Client Signature

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Date

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Practitioner's Signature

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Date

## **FORMAL EDUCATION**

### **Dates**

Johnson State College; Johnson, VT

1/2003-5/2005

Master of Arts in mental Health and Substance Abuse Counseling

Johnson State College Johnson, VT      1999-2001

Degree: Bachelor of Liberal Arts,

(120.67 credit hours w/ concentrations in Psychology and education)

Summa Cum Laude

CCV; Morrisville, VT      1/1999-5/1999

Gordon College:      9/1975- 2/1976

## **CREDENTIALS**

- ◆ **Registered Yoga Teacher (RYT 200)**, Yoga Alliance ID: 322947, June 1, 2020
- ◆ **Certified Yoga Teacher (CYT)**, Yahweh Yoga Teacher Training Academy, 3/5/2020
- ◆ **Licensed Clinical Mental Health Counselor**, State of Vermont Secretary of State's Office of Professional Regulations (11/19/2007–present)
- ◆ **Certified Clinical Trauma Professional**, International Association of Trauma Professionals (3/31/ 2014 – present)
- ◆ **National Board Certified Counselor**, National Board of Certified Counselors, (March 2008 – present)
- ◆ **Licensed Worker**, The Christian and Missionary Alliance, National Church Ministries, (September 2005- present)
- ◆ **Senior Life Space Crisis Intervention Trainer**, LSCI Institute,( 2004-2010).
- ◆ **Psychotherapist**, State of Vermont roster of non-licensed psychotherapists (05/16/05-11/30/07)

- ♦ **Approved Telehealth Provider**, Vermont State Legislature proclamation for providing Telehealth mental health counselling services during COVID 19 Restrictions, (March 2020 to present)

### **PROFESSIONAL ORGANIZATION MEMBERSHIPS**

- ♦ **International Association of Trauma Professionals 2018-present**
- ♦ **National Association of Board-Certified Counselors 2018- present**
- ♦ **Vermont Mental Health Counselors Association 2008 - present**

### **CERTIFICATIONS &REGISTRATIONS**

- ♦ **Certified Yoga Teacher 3/5/2020**
- ♦ **Certified Dementia Care Specialist 5/3/2020**
- ♦ **Registered Yoga Teacher (RYT-200) Yoga Alliance 6/1/2020-6/1/2022**
- ♦ **Certified Trauma Professional 2018- present**
- ♦ **Documented Level I and II EMDR Practitioner 2008 - present**

### **TRAINING**

#### **Undergraduate and graduate Courses:**

- ♦ **Psychology of Addictions**, 3.00 Cr. Johnson State College, Johnson , VT. Spring 2000
- ♦ **Developmental Psychology**, 3.00 Cr. Johnson State College, VT, Fall 2000
- ♦ **Personality Theories**, 3.00 Cr. Johnson State College, Johnson, VT. Fall 2000
- ♦ **Physiological Psychology**, 3.00 Cr. Johnson State College, Johnson, VT. Fall 2000
- ♦ **Stress Management and Self Regulation**, 3.00 Cr. Johnson State College, Spring 2001.

- ♦ **Abnormal Psychology**, 3.00 Cr. Johnson State College, Johnson, VT. Spring 2001
- ♦ **Counseling Theories**, 3.00 Cr. Johnson State College, Johnson, VT. Spring 2003
- ♦ **Lab Experience I**, 3.00 Cr. Johnson State College, Johnson, VT. Spring 2003
- ♦ **Counseling of Addictive Behaviors**, 3.00 Cr. Johnson State College, Johnson, VT. Spring 2003
- ♦ **Career Counseling**, 3.00 Cr. Johnson State College, Johnson, VT. Summer 2003
- ♦ **Family Counseling**, 3.00 Cr. Johnson State College, Johnson, VT. Summer 2003  
Carol Kiewit Leinwohl, MS, LCMHC Using Genograms and Family Systems in Family Therapy
- ♦ **Research Methods**, 3.00 Cr. Johnson State College, Johnson, VT. Summer 2003
- ♦ **Death, Dying and Grieving**, 3.00 Cr. Johnson State College, Johnson, VT. Summer 2003
- ♦ **Counseling in Groups**, 3.00 Cr. Johnson State College, Johnson, VT. Fall 2003  
Dr. David Hutchinson- psychological principles and dynamics of group work with children and adults
- ♦ **Developmental Theories and Techniques in Counseling** 3.00 Cr. Johnson State College, Johnson, VT. Fall 2003
- ♦ **Lab Experience II**, 3.00 Cr. Johnson State College, Johnson, VT. Spring 2004

- ♦ **Psychopathology**, 3.00 Cr. Johnson State College, Johnson, VT. Spring 2004
  
- ♦ **Practicum in Counseling** 3.00 Cr. Johnson State College, Johnson, VT. Spring 2004
  
- ♦ **Studies in Social and Cultural Foundations in Counseling**, 3.00 Cr. Johnson State College, Johnson, VT. Spring 2004
  
- ♦ **Legal and Ethical Issues**, 3.00 Cr. Johnson State College, Johnson, VT. Summer 2004
- ♦ **Learning to Listen, Learning to Teach**, 2.00 Cr. Union Institute & University, Montpelier, VT Summer 2004
  
- ♦ **Pharmacology**, 1.5 Cr. 3.00 Cr. Johnson State College, Johnson, VT. Fall 2004
  
- ♦ **Special Topical Issues in Counseling**, 1.5 Cr. Johnson State College, Johnson, VT. Fall 2004.
  
- ♦ **Internship in Counseling**, 9.0 Cr. Johnson State College, Johnson, VT. Fall 2004/ Spring 2005
  
- ♦ **Internship Seminar**, 3.00 Cr. Johnson State College, Johnson, VT. Fall 2004/ Spring 2005
  
- ♦ **Evaluation and Measurement**, 3.00 Cr. Johnson State College, Johnson, VT. Spring 2005

### **Continuing Education Workshops & Seminars:**

## **Family and Individual Treatment**

August 11 & 18, 2020

Working with Interpreters in Mental Health Settings

Linda Li, LICSW

National Association of Social Workers Vermont chapter

Online-147 State Street, Montpelier, VT 05601

4 CEU

June 14, 2020

Telehealth of Mental Health Professionals: Distance Therapy Training

Joni Gilbertson, MA, NCC, LCPC, LCMHC, BC-TMI, CTMH

PESI Health Care Online Learning

12.50 clock hours (12.5 CEU)

May 1, 2020

Certified Dementia Care Specialist

The Aging Brain: Assessment, Treatments & Interventions for Alzheimer's Disease & Other Dementias

Roy D. Steinburg, PhD

PESI Health Care online Learning

6.25 CE

March 5, 2020

Certified Yoga Teacher (CYT)

Yahweh Yoga Christian Teaching Academy

5865 West Ray Road, Chandler, AZ 85226

(85 contact hours)

Nov. 1, 2019

*Ethics through the Lifespan: A developmental Approach to Practice and Professional Identity*

Ken Major, PhD- Psychologist Doctorate

Vermont Psychological Association

Hampton Inn/ Hilton

Colchester, VT

6 CU (ethics)

May 17, 2019

*Suicide in Co-occurring Disorders: Practical Aspects of Assessment, Risk and Prevention*

Kurt White, LCSW, LADC, CGP

Vermont Dept. Of Health and Vermont Addition Proessionals Association

Capital Plaza Hotel

Montpelier, VT

6 CEU

March 18, 2019

*Clinical Skills in the Era of Legal Cannabis*

Scott Gagnon, MMP,PS-C

Vermont Dept. Of Health and Vermont Addictions Professionals Association

Windjammer Conference Ctr.

So. Burlington, VT 6 CEU

April 27,2018

*The Intersection Between Diversity and Multicultural Competencies and Ethical Decision Making in Clinical Practice*

Jane Atleno Okech, PhD, NCC

Capital Plaza,

Montpelier, VT

Vermont Mental Health Counselors Association



5 CEU

February 5, 2018

*Trauma & Attachment: Effective Treatment of Helping Challenging Clients*

Arthur Becker-Weidman, PhD

PESI, Inc.

Hilton Hotel,

Battery Street, Burlington, VT

6.25 CEU

September 22-23, 2017

*Breaking the Cycle: a Comprehensive EMDR Therapy Approach to Problem Behaviors*

Mark Nickerson, EMDRIA provider #07002

St. Michael's College

One Winooski Ave. Colchester, VT 05439

13.0 CEU

June 11, 2017

*VMHCA 2017 Ethics Conference*

*Legal and Ethical Issues Facing Mental Health Counselors*

Attorney Whit Smith, Kirke McVay, LCMHC, Christine Wilkens, LCMHC

Capital Plaza Hotel

Montpelier, VT

5 CEU

April 21, 2017yt

*Navigating Through Loss and Grief: Meaning Making Along the Journey*

Lorraine Mangione, PhD

Brattleboro Retreat Office of Continuing Education

One Anna Marsh Lane

Brattleboro, VT 05302

6 CEU

March 29, 2017

*Anxiety Disorders in Children and Adolescents: Recognizing & Treating the Emerging Epidemic*

Paul Foxman, PH.D.

PESI, Inc.

Hilton, Burlington, VT

6 CEU

June 3, 2016

*Everyday Ethics for the 21<sup>st</sup> Century*

Sheryl Belmen, MA, MS LCMHC, Cath Burns, PsyD, Lynn Martin, MA, LCMHC

Vermont Mental Health Counselors Association

Capitla Plaza, Montpelier, VT

4 Ethics CEU

April 28, 2016

*Strengthening Families: The core ideas in Bowen Theory*

Dr. Michael Kerr

Vermont Center for Family Studies

Holiday Inn, So. Burlington, VT

5.5 CEU

January 25, 2016

*Nutritional and Integrative Interventions for Mental Health Disorders*

Dr. Anne Procyk, ND

PESI Education

Hilton Hotel, Burlington VT

6 CEU

September 15, 2015

*Clinical Supervision in Behavioral Health: Building Skills for Ethical & Effective Practice*

Frances Patterson, PhD, LADC, MAC, BCPC, CCJAS, QSAP, QCS

CrossCountry Education

Best Western Hotel and Conference Ctr., So. Burlington, VT

6.0 CEU

June 26, 2015

*Vermont Mental Health & The Law 2015*

Kristin Chandler, JD

Elleen Elliot ESQ.

Bob Wolford, LCSW

PESI, Inc.

Hilton, Burlington VT

6.0 CEU

June 5, 2015

*The Evolving Landscape in Health Care: How Changes Will Impact The Delivery of Mental Health Services*

Vermont Mental Health Counselor Association

Kevin Gallagher, M.S., LCMHC

3.5 CEU

May 20, 2015

*Sex made Simple: Clinical Strategies for Sexual Issues in Therapy*

PESI, Inc.

Barry W. McCarthy, PhD, ABPP, Board Certified Marital and Sex Therapist

Hilton Hotel, Burlington, VT

6.5 CEU's

March 24, 2015

*Same -Sex Relationships: Ministry Challenges in Light of the Bible's Teaching on Sex, Marriage and Gender, part 2*

Gordon-Conwell Theological Seminary, Dr. Hugenburger , Associate Professor

130 Essex

Street, So. Hamilton, MA

2 CEUs

November 7, 2014

*Bridging the Divide: Substance Misuse, Identification and intervention in Primary Care*

University of Vermont Continuing Medical Education

The Essex, Essex Junction, VT

7.0 CEU

June 6, 2014

*Ethics Conference and Panel*

Vermont mental Health Counselors Association

Capital Plaza, Montpelier, VT

Danielle DeLongis-Shively, Scott Graham, Marcia Reese, Robert Spottswood

4.0 Contact hours

March 20 & 21, 2014

*Day1. The 10 Core Competencies of Trauma, PTSD, Grief and Loss*

*Day2. Evidence-based Trauma and Treatment Interventions*

PESI Inc. with IATP

Marriot Courtyard, Burlington VT

Eric Gentry, PhD, LMHC

12.50 Contact hours

March 11, 2014

*Personality Disorders in Social Work and Health Care*

Greg Lester, PhD

Cross Country Education

Holiday Inn Express, So. Burlington, VT

6 Contact hours

February 17, 2014

*Integrating Mindfulness: Neuroscience and Attachment Theory in Your Clinical Practice*

Rebecca Wing, LCPC

PESI Inc.

Hilton Hotel, Burlington, VT

6.25 Contact hours

September 20, 2013

*Cause and Effect vs. Systems Thinking: Maternal Deprivation vs. emotional Fusion*

Michael Kerr, M.D.

Vermont Center for the Family

Holiday Inn Express, South Burlington, VT

5.25 CEU

August 9, 2013

*Leading from your Strengths, Coaching Certification Program*

Rodney Cox, Ministry Insights online certification program

certification completion of Level I

June 7, 2013

*Connecting with Emotionally Wounded Young People: a Brief and Comprehensive Look at Attachment Theory and Practice*

Robert Spottswood, MA, LCMHC

Capital Plaza, Montpelier VT

3 contact hours (CEU)

March 8, 2013

*Diversity and Multicultural Counseling Workshop*

Jane Atieno Okech, PhD, Vermont Mental Health Counselor Association

Capital Plaza Hotel, Montpelier, VT

6 (ethics) CEU

November 8, 2012

*"Bridging the Divide: A Conference fostering Collaboration Between Primary Care, Mental Health, Substance Abuse and Behavioral Health Professionals*

The University of Vermont College of Medicine Continuing Medical Education  
DoubleTree Hotel, So. Burlington, VT  
7.0 CEU

September 13, 2012

*“Anger and the Healing Power of Forgiveness”*

Paula Butterfield, PhD, PCC

Brattleboro Retreat

Marsh Lane , Brattleboro, VT

6 CEU

June 22, 2012

*“Ethics Update: What’s Hot and What’s Not”*

Gerald P. Koocher, PhD

Vermont Psychological Association

Capital Plaza, Montpelier, VT

6 ethics CEU

June 1, 2012

*Dual and Multiple Relationships: Their impact on the Practice of Counseling and Clinical Supervision*

Jane Okech, Ph.D.

Vermont Mental Health Counselors Association

Capital Plaza, Montpelier VT

6 CEU

May 11, 2012

*Being a Self in Your Own Family*

Dr. Monica Baege

Vermont Center for the Family Studies

Holiday Inn, So Burlington VT

6 CEU (contact hours)

April 10, 2012

*Clinical Supervision in Behavioral health: Building Skills for Ethical and Effective Practice*

Frances Patterson, PhD, LADC, MAC, BCPC, CCJAS, QSAP, QCS

Cross Country Education

Holiday Inn So Burlington, VT

6 Contact Hours

March 30, 2012

*Severe Stressors and Family Systems*

Daniel Papero, PhD., MSSW

Vermont Center for Family Studies

Best Western Windjammer, So. Burlington, VT

6.00 CEU (contact hours)

March 13, 2012

*Emergency Mental Health: Assessment and Treatment*

Tim Webb, M.A. ED., LPC

Cross Country Education

Holiday Inn, South Burlington VT

6.00 contact hours



May 17, 2011

*Attachment Disorders: Treatment Considerations: Theoretical Foundations & Clinical Implications*

C. Scott Earsiman, MA, LCMHC, LADC

Capital Plaza Hotel, Montpelier, VT

6.00 contact hours

May 20, 2011

*Spirituality in Clinical Practice: Exploring Advantages and Pitfalls in Addressing Client Spirituality*

Dr. John Peteet, Dana Farber Cancer Institute, Brigham and Women's Hospital

United Counseling Service of Bennington County and the Behavioral Health Network of Vermont

Bennington Center for the Arts, Bennington VT

5.5 contact hours

April 15, 2011

*Borderline Personality Disorder: Effective Treatment with the Impossible Client*

Joseph W. Shannon, PhD

Brattleboro Retreat Office of Continuing Education

Capital Plaza, Montpelier VT

6 contact hours

January 21, 2011

*Understanding and working with Clients with Traumatic Brain Injuries*

Dr. Deborah Black, Barbara Winters, BA, COTA/L, CBOST and Trish Long, LCMHC

VTMHCA Annual Conference

Holiday Inn, South Burlington VT

6. 25 contact hours

September 10, 2010

*Working with Personality Disorders: the Obsessive, the Histrionic and the Borderline*

David Celani, Ph.D.

Essex Inn, Essex Junction VT

6 Contact Hours

July 14, 2010

*Wisdom of the Dream: A Jungian Approach to Dream Interpretation*

Howard Tyas, D. Min., PhD Cross Country Education

Holiday Inn, South Burlington, VT

6 contact hours

June 4, 2010

*Child and Adolescent Self-Injury: practical Assessment and Treatment*

David Kamen, Ph.D., Cross Country Education

Hilton Hotel, Burlington VT

6 Contact hours

May 21, 2010

*Addiction and Trauma*

Scott Earisman, LADC, LCMHC Vermont Department of Health and Vermont Addiction Professionals Association

Capital Plaza Hotel, Montpelier VT

5 Contact hours

December 10, 2010

21<sup>st</sup> Century Ethical issues for the Mental Health Practitioner

Brattleboro Retreat Office of continuing education

Capital Plaza Hotel, Montpelier Vermont

6 contact hours

June 12, 2009

An Exploration of Addiction: With tools for screening, assessment and Brief Interventions

Deb Haskins, M.S., LADC, CCS

Vermont Mental Health Counselors Association

Capital Plaza Montpelier, Vermont

3 contact hours

April 30, 2009

*Advanced Ethics*

Tom Durham, Vermont Department of Health and Vermont Addiction Professionals Association

Capital Plaza Hotel, Montpelier Vermont

6 contact hours

February 20, 2009

*Combat Stress and PTSD: Working with Veterans and Their Families*

Michael Rank, PhD. PESI Workshop

Hilton Hotel

Cherry Street, Burlington, Vermont

6.25 contact hours

October 3- 5, 2008

*EMDR Basic Training Part 2*

Roy Kiessling, LISW, EMDRIA approved consultant

EMDR Institute, Inc

Holiday Inn at the Bay

88 Spring Street, Portland, ME

20 CEU

June 27-29, 2008

*EMDR Basic Training Part 1*

Roy Kiessling, LISW, EMDRIA approved consultant

EMDR Institute, Inc

Holiday Inn at the Bay

88 Spring Street, Portland, ME

20 CEU

June 18, 2008

*Plugged In: Technology, the Internet and Child Safety*

Karen Holtz, RN

Prevent Child Abuse Vermont

Azimuth Counseling, Essex Junction VT

2 contact hours

June 13, 2008

*What to Do When You Are Not Sure What to Do: Process Accountability in Ethical Decision Making*

Laurie Curtis, M.A., CPRP

Vermont Mental Health Counselors Association

Capital Plaza, Montpelier, Vermont

4 contact hours

February 18 and 19, 2008

*Motivational Interviewing*

Win Thompson PhD. & Jody Kamon PhD.

Vermont Addictions Professionals Association

Capital Plaza, Montpelier, Vermont

12 CEU

September 21, 2007

*“When Bad Things Happen to Good Counselors” Ethics Training*

William Cote

Co-sponsored by Vermont Addictions Professionals, Vermont Alcohol and Drug Certification Board and Vermont Dept. of Health

Capital Plaza, Montpelier, Vermont

6 CEU

May 6, 2007

*Treating Compulsive Sexual Behavior*

Paul Simpson, Ed.D.

Cross Country Educations, Holiday Inn, Burlington, Vermont

6 CEU

May 9, 2007

*Treatment of Co-Occurring Disorders: A Workshop on Science and Spiritual Experience*

Anthony R. Quintiliani, Ph.D., LADC Chief Psychologist, The Howard Center, ABHS  
Burlington, VT

6 CEU

March 24, 2007

*Beyond Prohibited Dual Relationships with Clients: Considerations and Decision-Making on Potentially Beneficial Interactions*

Robert Rocco Cottone, University of Missouri-St. Louis, Michael Kocet

American Counseling Association National Convention, Detroit

1.5 CEU

March 23, 2007

*Forgiveness, Reconciliation, and Mechilah: Integrating the Jewish Concept of Forgiveness into Clinical Practice*

Richard Balkin, Texas A&M University

American Counseling Association National Convention, Detroit

1.5 CEU

March 23, 2007

*Solution Focused Counseling for Clients with religious and spiritual concerns*

Jeffrey T. Guterman, Barry University

American Counseling Association National Convention, Detroit

1.5 CEU

March 23, 2007

*Integrating Spirituality and Religion into Counseling: A guide to Competent Practice*

Craig S. Cashwell, University of North Carolina J. Scott Young, Mississippi University

American Counseling Association National Convention, Detroit

1.5 CEU

March 23, 2007

*Transitioning Baby-boomers into the next Phases of their Lives: the Impact of Spirituality in Their Counseling Experiences*

Mary Finn Maples,

Peggy Dupey, University of Nevada, Reno

American Counseling Association National Convention, Detroit

1.5 CEU

Nov. 17-18, 2006

***Treating Couples***

Harvard Medical School Department of Continuing Education

Cambridge Health Alliance Department of Psychiatry

14 credits

November 13, 2006

***Pornography: Strategies for Helping Clients Manage and Overcome The Addiction***

Presented by: Mark Chamberlain, Ph.D. Clinical Psychology

Medical Educational Services, Inc.

Professional Development Network

6.3 Contact Hours Vermont Mental Health Counselors

February 16, 2006

***Basics of Group Therapy***

Scott Graham, M.S.W., L.A.D.C.

Presented by: Green Mountain Peer Project and a grant from the Vermont Department of Health, Division of Alcohol and Drug Abuse Programs

Vermont Technical Center, Randolph, VT

5.5 CEU Vermont Alcohol and Drug Certification Board/ And Board of Allied Mental Health Practitioners

February 2, 2006

***Developing Cultural Competency in a Changing Vermont***

Presented by: Green Mountain Peer Project and a grant from the Vermont Department of Health,  
Division of Alcohol and Drug Abuse Programs

Vermont Technical Center, Randolph, VT

5.5 CEU Vermont Alcohol and Drug Certification Board/ And Board of Allied Mental Health  
Practitioners

December 12, 2005

***Ethical and Liability Issues in the Substance Abuse Field***

Vermont Department of Health, Division of Alcohol and Drug Abuse Programs

Gifford Memorial Hospital, Randolph, VT

5.5 CEU Vermont Alcohol and Drug Certification Board

April 28 & 29, 2005

***Offering Safe Choices:***

***New England Conference on Integrating Services for Substance Abuse, Domestic Violence,  
and Mental Health***

Presented by: The Institute for Health and Recovery 349 Broadway, Cambridge MA

Larry Bennett, Ph. D., Patti Bland, M.A., CCDS,

Melodie J. Peet, M.P.H

CEU's awarded for completion of 2 day training (10 S.A. & 10 M.H.)

April 22, 2005

***Narrative Therapy Workshop***

Anne Geroski Ph.D. (guest lecturer)

Johnson State College, Johnson, VT

Completed



October 24- 25, 2002

Best Western, Waterbury, VT

***Everything You Wanted to Know About Groups but Were Afraid to Ask***

Vermont Association of Student Assistance Professionals, Ali Gerson, M.S., L.A.D.C.

working with children/adolescents in groups

11 CEU's certified

**Crisis Intervention and Therapy with Children and Adolescents**

June 18-21, 2007

Clarion Conference Center, Hagarstown, MD

***Senior Life Space Crisis Intervention Trainer's Recertification Training***

Dr. Nicholas Long and Dr. Frank Fecser

The Institute of Life Space Crisis Intervention

*Training to teach other adults to apply intervention strategies with children in crisis*

Senior Trainers Certification awarded valid Jun2 2010

June 9-13, 2004

Clarion Conference Center, Hagarstown, MD

***Senior Life Space Crisis Intervention Trainer's Training***

Dr. Nicholas Long and Dr. Frank Fecser

The Institute of Life Space Crisis Intervention

*Training to teach other adults to apply intervention strategies with children in crisis*

Senior Trainers Certification awarded valid June2004-2007

August/ November/ December 2003

LNSU, Hyde Park, VT

***Life Space Crisis Intervention***

No Disposable Kids from Star Commonwealth

Star Commonwealth Rd. Albion, MI

Senior Trainer James Cunningham

Understanding and working with children in crisis

Certificate of Competency/36 training hours

April 2003

Killington Grand Hotel, Killington, VT

***CPI /Nonviolent Crisis Intervention Recertification***

BEST Institute, Instructor Ruth Hamilton, Ph.D.

Strategies to calm crisis situations with children  
and adolescents

Completed/ Recertified

November 2002

Johnson Elementary School, Johnson, VT

***CPI /Nonviolent Crisis Intervention Training***

BEST Institute, Instructor Ruth Hamilton, Ph.D.

Strategies to calm crisis situations with children and adolescents

Completed/Certified

June 24-28, 2002

Killington Grand Hotel, Killington, VT

***Circles of Support: Students, Families, Schools & Communities Working Together***

BEST Summer Institute, Richard Boltax

How to support students with disruptive behaviors in school settings

Cert. of Completion

March 22, 2002

Burlington, VT

***Explosive Noncompliant Children and Adolescents***

Dr. James M. Bell Training Institute, Dr. Ross Green

Understanding and working with violent explosive children/ adolescents

Certificate of completion

November 15, 2002

Burlington, VT

***Angry and Difficult Children and Adolescents: A New Approach for Promoting Self-Control, Self Discipline, Resiliency, Hope and Motivation***

New England Educational Institute, Robert Brooks Ph.D.

Resiliency strategies for working with difficult clients

Completion of 6 Continuing Education Hours

**Substance Abuse and Addiction:**

November 13, 2003

Fairlee, Vt

***Trauma and Addicton***

Vermont Department of Health Division of Alcohol and Drug Abuse

Conference, Ray McGarity

The relationship between substance use disorder and truama

6.5 CEU's

October 22,23 & 24, 2003

Montpelier, VT

***ASAP Fall Conference***

Debby Haskins, MS, LADC

Best practice in prevention, assessment tools, record keeping, legal issues in the substance abuse treatment field

18 CEU's

October 20-22, 2004

***ASAP Fall Conference***

Training on Adolescent Trauma

Tom Klaus, M.S.

How to working with youth who have experienced trauma and substance use issues

5 CEU's

June 12, 2009

***An Exploration of Addiction: With Tools for Screening, Assessment and Brief Interventions***

Vermont Mental health Counselors Association

Deb Haskins, MS, LACD, CCS

3 contact hours

April 14, 2016

Burlington, VT

***Harm Reduction***

Presented by: Catherine M. Iacuzzi, PhD

Vermont Department of Health

and Vermont Addicition Professionals Association (VAPA)

6 CEU's

**Employee support Program Trainings**

August 23, 2007

*Evaluating the Potential for Employee Violence: Protecting Others at work an Elsewhere*

*Lorman Education Series*

## **EXPERIENCE IN THE PRACTICE OF PSYCHOTHERAPY**

### **Experience in Psychotherapy/Counseling:**

Azimuth Counseling and Therapeutic Services, Inc.

Psychotherapist, Executive Director

July 2005- 08 Supervisor: Mark Williams, LCMHC

2008-09 EMDR Supervisor: Maddie Tobias, LCMHC

2009- present Peer Consultation: Azimuth Counseling Therapeutic Staff

Mental Health Internship

School Based Clinician/ Student Assistance Counselor (SAP)

Lamoille County Mental Health/ Lamoille North Supervisory Union

August 2004 – April 2005

Part-time

Supervised by Ardith Unger-Arudivitch, M.A., Psychotherapist

Student Assistance Program Counselor

Johnson, Belvidere & Waterville Elementary Schools

January 2003-2005 Full-time

Supervised by Mark Floyd MA, LADC

## SCOPE OF PRACTICE

### ◆ Theoretical orientation:

Integrative: Psychodynamic, Developmental, System, Solution Focused, Cognitive/ Behavioral

### ◆ Area of specialization:

Trauma, Mood Disorders, Anxiety, Couples, Parenting, Behavior Management with children and adolescence, in groups and individually, Sexual and/or Substance Addiction, Dementia Care

### ◆ Treatment methods:

Motivational Interviewing/ Benign Confrontation/ Collaborate with clients and other significant people in the client's life. Primary modalities: Logo therapy, Bibliotherapy, EMDR, Sand Tray,

## **Title 3: Executive**

### ***Chapter 5: SECRETARY OF STATE***

#### ***Sub-Chapter 3: Professional Regulation***

#### **3 V.S.A. § 129a. Unprofessional conduct**

(a) In addition to any other provision of law, the following conduct by a licensee constitutes unprofessional conduct. When that conduct is by an applicant or person who later becomes an applicant, it may constitute grounds for denial of a license or other disciplinary action. Any one of the following items, or any combination of items, whether or not the conduct at issue was committed within or outside the State, shall constitute unprofessional conduct:

- (1) Fraudulent or deceptive procurement or use of a license.
- (2) Advertising that is intended or has a tendency to deceive.
- (3) Failing to comply with provisions of federal or state statutes or rules governing the practice of the profession.
- (4) Failing to comply with an order of the board or violating any term or condition of a license restricted by the board.

- (5) Practicing the profession when medically or psychologically unfit to do so.
  - (6) Delegating professional responsibilities to a person whom the licensed professional knows, or has reason to know, is not qualified by training, experience, education, or licensing credentials to perform them, or knowingly providing professional supervision or serving as a preceptor to a person who has not been licensed or registered as required by the laws of that person's profession.
  - (7) Willfully making or filing false reports or records in the practice of the profession; willfully impeding or obstructing the proper making or filing of reports or records or willfully failing to file the proper reports or records.
  - (8) Failing to make available promptly to a person using professional health care services, that person's representative, or succeeding health care professionals or institutions, upon written request and direction of the person using professional health care services, copies of that person's records in the possession or under the control of the licensed practitioner, or failing to notify patients or clients how to obtain their records when a practice closes.
  - (9) Failing to retain client records for a period of seven years, unless laws specific to the profession allow for a shorter retention period. When other laws or agency rules require retention for a longer period of time, the longer retention period shall apply.
  - (10) Conviction of a crime related to the practice of the profession or conviction of a felony, whether or not related to the practice of the profession.
  - (11) Failing to report to the office a conviction of any felony or any offense related to the practice of the profession in a Vermont District Court, a Vermont Superior Court, a federal court, or a court outside Vermont within 30 days.
  - (12) Exercising undue influence on or taking improper advantage of a person using professional services, or promoting the sale of services or goods in a manner which exploits a person for the financial gain of the practitioner or a third party.
  - (13) Performing treatments or providing services which the licensee is not qualified to perform or which are beyond the scope of the licensee's education, training, capabilities, experience, or scope of practice.
  - (14) Failing to report to the office within 30 days a change of name or address.
  - (15) Failing to exercise independent professional judgment in the performance of licensed activities when that judgment is necessary to avoid action repugnant to the obligations of the profession.
- (b) Failure to practice competently by reason of any cause on a single occasion or on multiple occasions may constitute unprofessional conduct, whether actual injury to a client, patient, or customer has occurred. Failure to practice competently includes:
- (1) performance of unsafe or unacceptable patient or client care; or
  - (2) failure to conform to the essential standards of acceptable and prevailing practice.
- (c) The burden of proof in a disciplinary action shall be on the State to show by a preponderance of the evidence that the person has engaged in unprofessional conduct.
- (d) After hearing, and upon a finding of unprofessional conduct, a board or an administrative law officer may take disciplinary action against a licensee or applicant, including imposing an administrative penalty not to exceed \$1,000.00 for each unprofessional conduct violation. Any money received under this subsection shall be deposited in the Professional Regulatory Fee Fund established in section 124 of this title for the purpose of providing education and training for board members and advisor appointees. The Director shall detail in the annual report receipts and expenses from money received under this subsection.
- (e) In the case where a standard of unprofessional conduct as set forth in this section conflicts with a standard set forth in a specific board's statute or rule, the standard that is most protective of the public shall govern. (Added 1997, No. 40, § 5; amended 2001, No. 151 (Adj. Sess.), § 2, eff. June 27, 2002; 2003, No.

60, § 2; 2005, No. 27, § 5; 2005, No. 148 (Adj. Sess.), § 4; 2009, No. 35, § 2; 2011, No. 66, § 3, eff. June 1, 2011; 2011, No. 116 (Adj. Sess.), § 5.)

• **§ 3271. Unprofessional conduct**

(a) Unprofessional conduct means the following conduct and conduct set forth in 3 V.S.A. § 129a.

- (1) using dishonest or misleading advertising;
- (2) misusing a title in professional activity;
- (3) conduct which evidences unfitness to practice clinical mental health counseling;
- (4) engaging in any sexual conduct with a client, or with the immediate family member of a client, with whom the licensee has had a professional relationship within the previous five years;
- (5) harassing, intimidating, or abusing a client;
- (6) entering into an additional relationship with a client, supervisee, research participant, or student that might impair the licensed clinical mental health counselor's objectivity or otherwise interfere with the clinical mental health counselor's professional obligations;
- (7) independently practicing outside or beyond a clinical mental health counselor's area of training, experience, or competence without appropriate supervision.

(b) After hearing, and upon a finding of unprofessional conduct, the board may take disciplinary action against a licensed clinical mental health counselor or applicant. (Added 1987, No. 245 (Adj. Sess.), § 1; amended 1993, No. 98, § 17; 1993, No. 222 (Adj. Sess.), § 10; 1997, No. 40, § 57; 1997, No. 145 (Adj. Sess.), § 53; 2007, No. 29, § 45.)